



# NEW ZEALAND NATURIST FEDERATION

**Merry Christmas & happy nude year!**



## Explore NZ

With the holiday cheer underway, it's the perfect time to whip up your travel plans and check out the naturist hotspots in NZ! !

## NZNF's AGM

The NZNF's AGM and rally is kicking off on the 30th December at the fabulous Pineglades!

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**NZNF Festival - Come Fly With Us**  
**30 December 2024 - 5 January 2025**  
 Pineglades Naturist Club, Christchurch

Join us for the 2024/25 NZNF Festival, hosted by Pineglades Naturist Club in Christchurch. Reconnect with old friends and make new ones while celebrating the Naturism movement.

**Last chance to get your tickets!**





Greetings to you all as we now are about to celebrate Christmas and New Year and in the usual scheme of things in the naturist world hold our NZ Naturist Federation Annual General Meeting.

By now the agenda for the meeting at Pineglades will have been circulated to clubs and importantly the remits which are put forward for adoption by the delegates.

There is I venture to suggest nothing controversial in them and in reality are required to see our Incorporated Society status is able to be maintained under the new Act that is now in force.

In short there are some clauses required for us to comply with under the legislation and after consultation with my North Island Vice President the remits are seen by us to be necessary for our Constitution to be accepted for reregistration.

An election of officers is required for some positions and in particular my position as President, South Island VP, Treasurer, and Digital Platform Convenor.

There have been nominations or potential candidates for the last 3 positions, however, My position is one where I look to the clubs to provide a nomination as I will be standing down this year at the AGM.

It has been a pleasure to lead the executive as we debated the decision to rejoin the INF, to establish a code of conduct that could be adopted by clubs, and support clubs as they look to update their constitution to comply with the need to reregister the approved Constitution with the Registrar of Incorporated Societies.

Over the last 12 months I had hoped to visit clubs that I had not previously visited. Alas a health issue beset me around Easter and that put paid to travel out of Canterbury. I am grateful to the vice Presidents who have been able to visit clubs and in particular thanks to Paul C. who represented NZ at the world congress in Mexico and was also able to present AONC with a plaque on the 75th celebration in August.

My term will conclude at the Pineglades club where the long awaited Come Fly With Us Festival will take place.

We can still accept registrations for the Festival and some day event tickets for New Years Eve and the catered dinner are available BUT, you need to act without delay as our committee must know final numbers for catering by 10th December.

We are looking forward as a club to hosting those who are travelling and assure you that this will be the new look approach to national get togethers. Sporting events will still be a focal point of daytime activities but the social and cultural benefits should not be lost sight of.

Plenty of good food and wine accompanied by social events should make for a fun filled 6 days. I therefore look forward to meeting you all that register and for those occupied elsewhere I wish you all a Merry Christmas and a prosperous New Year.

Stay safe and be kind to yourself and fellow naturists as it is the season to be jolly.

If you're wearing a smile it doesn't matter whether you are sans clothing and remember it takes less effort and muscles to smile than to frown.

*Yours naturally,*  
**David**





# UPCOMING EVENTS

- NZNF Festival**
- AONC Oranui Games**
- WOS Mini Rally (Waikato)**
- Silly Sports (Southern Clubs)**
- World Naked Bike Ride**
- Naturist Retreat Southern Free Beaches**

- 30 Dec 2024 - 5 Jan 2025**
- 25 - 27 Jan 2025**
- 6 - 9 Feb 2025**
- 6 - 9 Feb 2025**
- 1 March 2025**
- 28th Feb - 2nd March**



## COME FLY WITH US

This is a preliminary boarding call for all passengers headed to Pineglades for the Festival over the New Year period.

By now your boarding pass should be with you and arrangements made for arrival in time for the Opening on 30th December. The AGM will start at 10 am and hopefully the opening ceremony can take place outdoors in mid afternoon.

We hope the pilot in control of the AGM can navigate through the agenda and remits in time for a 3pm opening and bar time at 4pm.

The programme has been finalised and provided the weather is settled it is hoped Sports will be underway on time each day.

For those who want something different rest assured there are activities to keep you interested in staying on site but at the same time acknowledging that exploration of the City and environs like Akaroa, or the north Canterbury wineries may be undertaken. Please remember that if you are down to play in a sports event that you are expected to be on site and on time and non appearance will be a default.

Our facilities are well and truly being made ready for you and those seeking premier seating by the pool which will have a new heating system in place will be advised to be early birds.

The miniten courts are being refreshed and pickleball will be available for the first time at a Festival.

A new mural at the pool will be revealed and just a taste of what is to follow is shown in the pictures accompanying this.

Please note that anyone still thinking about attending will now need to register as our organising committee must have numbers for catering purposes by 10th December. Don't leave your run too late or you will be disappointed once you hear the feedback from those attending.



Above: Mlniten Courts are ready

Below: New sites available for caravans or camping. The grass is growing well



Partially revealed our new mural. Be there to see the full picture



Left: Seating in premium Economy. These seats will fill up quickly.





**LAST CHANCE TO GET YOUR TICKETS!**



**MONDAY 30 DECEMBER**

Opening Ceremony, followed by The Party in the Park to celebrate the coming together of our community. (BYO Nibbles)

**TUESDAY 31 DECEMBER**

Out of Africa themed NYE Party  
Bring your best dance moves and Out of Africa-inspired attire as we dance the night into the New Year with our live band. (grazing platter provided)

**WEDNESDAY 1 JANUARY**

Catered Brunch  
There is nothing better than a cooked brunch on Year New's Day - especially when you don't have to cook it yourself. Wayne & Grant have got you sorted, just come and enjoy.

**THURSDAY 2 JANUARY**

The Amazing Race  
We all know this one from TV. Buddy up with a friend and travel around the world as you take on challenges along the way. First team to successfully complete the challenges will be crowned Pineglades Amazing Race champions.

**Spanish Themed Night**

You're correct, this is another amazing opportunity to get dressed up and enjoy tapas and music.  
(Ask at the bar about the Sangria)

**FRIDAY 3 JANUARY**

Ooh-La-La French themed catered meal

**SATURDAY 4 JANUARY**

The Great Kiwi Bach & Garden Tour  
You're invited to come and have a sneak peak at some of Pineglades most beautiful and unique Bach & gardens. Hosted by bach owners, your map will help you find these hidden gems.

**Empty your Fridge Pot-Luck Dinner**

As the name suggests, this is your opportunity to empty your fridge and use up everything you don't want to take home, or waste (self-catered)

**SUNDAY 5 JANUARY**

Closing Ceremony, presentation of awards and medals

**All Week:  
Sports**

With various sports events and fun games to choose from there is something for everyone whether its your first time giving it a go or your a sessioned semi-professional. Sports include: Miniten, Table tennis, Kubb, 3 Down, Darts, Pentaque, Indoor Bowls, pickleball, and fun game events.

**Salads**

Make dinners easy by pre-purchasing your salads (Mon, Tues, Wed, Thurs, Sat) to accompany whatever protein or meat you may wish to cook.

**Morning & Afternoon Tea**

Take a break for a cuppa and a bit of conversation. Morning and afternoon tea will be available daily.

**Ice-Cream Shop**

There is nothing more delicious than an ice-cream on a hot Canterbury day. (Eftpos onsite)

**Bar**

(Pre-purchased bar credit)

Solar Heated Pool, Spa and Sauna  
Come and enjoy our beautiful heated pool and new sun lounge area, spa, and sauna facilities.

**Get your tickets here!**  
<https://nznf-festival-come-fly-with-us.raisealysite.com>



# UPCOMING EVENTS

## NZNF'S AGM 30 DEC 2024

Hi everyone,  
Attached is the agenda for the NZNF AGM at Pineglades on the 30th of December 2024. (\*note: please contact Jo at [secretary@nznf.nz](mailto:secretary@nznf.nz) for the agenda)

We are still waiting for a few bits of documentation. I will send club secs an updated version of the agenda with all reports before the AGM. I will do this as soon as all information is received.

Positions up for nomination in 2024:

President - South Island Vice President:  
Treasurer - Digital Platforms Coordinator -



The following nominations have been received:

Treasurer - Kathy Earby  
Digital Platforms Coordinator - Dion de Wet

I am also asking for club delegate's names, any names for the Roll of Honour and any clubs upcoming celebrations for the year ahead. Please send these through asap.

Have a great week and let's hope the sun is shining!

Yours naturally  
Jo

## AONC ORANUI GAMES 25 - 27 JAN 2025

Auckland Outdoor Naturist Club's biggest event of the year is on its way - the Oranui Games will include lots of sports the whole weekend through, medals for the winners, a make your own burger night, live band music, dancing and silly games like egg and spoon race and a colour run! Open to all NZNF members. Camping sites available. Registration forms will be available soon for \$25 pp. For any inquiries please contact [secretary@aonc.co.nz](mailto:secretary@aonc.co.nz)

## SILLY SPORTS (SOUTHERN CLUBS) 6 - 9 FEB 2025

Come join in a silly sports competition between 4 southern clubs!

"Random visitors" will be welcomed so everyone is welcome, and if we find that say one of the four clubs is short on competing members, we would slot those random visitors into a position of ad-hock southern club members, so points go to that southern club which the visitor is representing for that day.

## WORLD NAKED BIKE RIDE 1ST MARCH 2025

Hullo all riders. Just another reminder about our 2025 ride.

Saturday 1st March is the date to remember. We meet as usual up at Tarakohe, in sight of the old Golden Bay Cement Works, at 1pm for body painting, and general prepping prior to the ride. Regular riders, tell your friends, who you think will be keen.

The route is flattish, and we're lucky in Takaka, that we have a cycle way for our safety.

And yes Ebikes are welcome. Our speed is of course governed by the slowest riders. And by law here in Nz, helmets have to be worn.

As usual, we will be finishing at Kiwi Spirits Distillery, where spot prizes are given out. Our Sunday nude bush/beach walk will be to Taupo Point. Assemble at 10.30am, again at Tarakohe. We were invited back to Mussel Inn, for lunch, for 2025, so I'm planning for that after our walk.

Stay safe everyone. And we'll see you again next March.  
All the best. Bryan.



What ever the outcome, everyone will get a prize.. it may only be a pinky bar :-)

At the end of the day the winning club will take home the southern clubs silly sports shield!

Allan (Southern Naturally)





# UPCOMING EVENTS

## WAIKATO OUTDOOR SOCIETY'S MINI RALLY



# W.O.S. Annual Mini Rally Event

# February 6th - 9th 2025

Come and spend a fun and relaxed  
Waitangi weekend at -----

## The Waikato Outdoor Society

Mark the date on your calendar

Website [www.waikato.gonatural.co.nz](http://www.waikato.gonatural.co.nz)

Bookings contact Peggy 027 631 6883 or use the form on the website

Email.. [waikato.outdoor@gonatural.co.nz](mailto:waikato.outdoor@gonatural.co.nz)

## LIFE DRAWING: WELLINGTON NATURIST CLUB

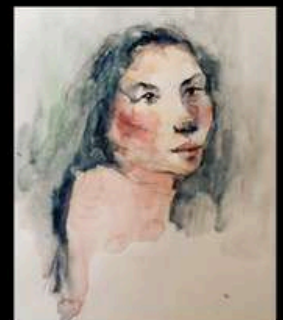
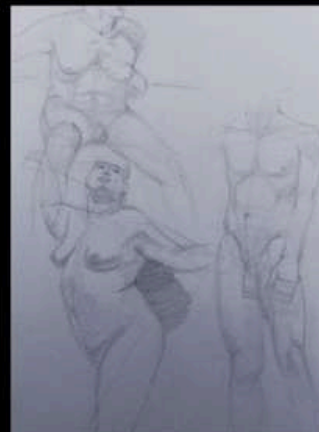
# LIFE DRAWING @WELLINGTON NATURIST CLUB

Sun 1st Dec 11am-  
Sun 19th Jan 3pm

Life drawing with a difference.

You can choose between modelling for the artists,  
or being an artist, drawing the models,  
or - of course - swap between the two.

Bring your own art materials, or use what's provided.  
You don't have to be good at drawing - just enjoy doing it.  
Some instruction and tips also given if required.  
Rain or shine. Join in on creating the art of the nude.





# Southern Free Beaches

## *Naturist Retreat*

Where: Berwick Lodge – Berwick

When: Friday 28th Feb to Sunday 2<sup>nd</sup> March 2025

Cost for the weekend is:  
\$100.00 per adult / \$50.00 per child

Southern Free Beaches are providing free kayaks, sauna and sausage sizzle for those who are keen (otherwise you can bring your own food)

Or if you just want to come for a visit, Berwick Lodge charges \$15 per person for the day

For more information or to RSVP:

please contact:

**Julie 027 471 8941**

[southernfreebeaches@gmail.com](mailto:southernfreebeaches@gmail.com)

[www.facebook.com/southernfreebeaches](http://www.facebook.com/southernfreebeaches)





## CONNECT WEEKEND: ORCHARD NATURIST PARK

Orchard Naturist Park, home of the K Cup, has kicked off my summer camping with their inspiring 'Connect' weekend to pull in past and new members.

Free Beaches and Alpine clubs were particularly in force, the latter bearing gifts of four miniten bats (made and donated by Mark and Shirley Pettinger) plus a great deal of plant.

Photo shows President Lois (Orchard) flanked by President John (Alpine) and myself.



We certainly wish Lois and the beautiful club well for summer and suggest the readers come and enjoy ... after the big Christchurch Pineglades Naturist festival this new year.

It's not too late to book for both 😊

**Jeremy Kelleher (Alpine)**

Photos, Ewen



## MOVING FORWARD AT COUNTIES SUN CLUB

"It's funny that when you see something all the time, you tend not to look at it very hard. So it was with our dreadfully tatty gate sign, commented Steve, president of the Counties Sun Club.

It was only a month ago that June CT wrote to all clubs suggesting that we look at creating a more welcoming public image at our clubs, and that the Percy Cousins Trust might be able to provide support to those clubs that took up the challenge..

While flags were just one idea, for us, a very quick committee reflection identified our gate sign as a key target. Years of driving by had blinded us as to how tatty it was, and I went home that night determined to get something to make members proud to belong, and set a tone of a smart inviting club for visitors.

A few short weeks later working with a very responsive local sign company, we had our flash new sign, ready for a summer of welcoming visitors and guests to our tidy and friendly wee club - just off SH1 at Ramarama on the southern outskirts of Auckland.

We hope travelling naturists will call in and visit this summer - but please book ahead

Thanks  
**Steve Budd**





## WEDDING OF THE YEAR AT PINEGLADES

On Saturday 16th November two members of Pineglades celebrated their wedding at our lovely grounds where the ceremony was witnessed by a large number of guests from both the club membership and from the textile world beyond our gate.

By November in Canterbury it is usually safe to plan an outdoor event at Show weekend when the warm nor westerly winds bring settled summer time temperatures.

In this time of Climate Change anything can now happen and we awoke to a cold wet southerly with hopes of an outdoor event under threat. By lunchtime the day was improving and by 3pm there was blue sky and no threat of rain thereby allowing the nuptials to be celebrated outdoors.

The dress code for guests was semi formal and club members did not attempt to circumvent this by dressing down or turning up in club uniform.

Hopefully by the photos submitted with this article it will be very apparent that the bride and groom spent a good deal of thought around not only their outfit but also the splendid hospitality that followed the ceremony and into the evening.

The celebrant put everyone at ease and later revealed that it was not her first visit to Pineglades as she had attended an Open Day years ago in her youth.

The Scottish heritage of Bruce was very evident by his wearing of the kilt and the appearance of a bagpiper who successfully had most experiencing goose bumps as he made his entrance .

Desiree, the bride, was radiant and supported by another club member as matron of honour. Des as we all know her had clearly prepared well for this occasion and thanks to her energetic mother nothing was spared in seeing the floral tributes extended to dried flowers in lieu of confetti being used.



The drinks and nibbles were plentiful and a pleasant way to spend a social hour or so as we awaited a sit down reception in the clubhouse.

Most members could barely recognise the lounge which was exquisitely decorated and hopefully the photos submitted show just how well the room had been transformed.

Bruce and Des were both delighted to be able to perform their wedding dance which had been choreographed by one of their friends and judging by the rapturous applause they can be well satisfied with their efforts.

This was an absolutely brilliant day notwithstanding the inclement weather that greeted them when they started the day.

Attention to detail and planning all paid off with what should be a memorable occasion for all that were fortunate enough to be present to witness the exchange of vows and declarations of love and commitment that Bruce and Desiree made.

This day will long be remembered and deserves to be remembered as the Wedding of the Year.

**David Saunders**





## CARETAKERS WANTED: NELSON NATURIST PARK

Fancy spending this summer in the sunny Tasman area? The Nelson Naturist Park is looking for a friendly naturist couple to take on the role of club hosts / caretakers for the coming summer season (1st December 2024 through until 30th April 2025). **For more details please contact [secretary@nelsonnaturistpark.co.nz](mailto:secretary@nelsonnaturistpark.co.nz)**



## COME STAY AT MANAWATU NATURIST CLUB

We have plenty of room at our spacious grounds to accommodate NZNF members on their way to or from the rally or while on holiday.

Please contact [pro@manawatunaturistclub.nz](mailto:pro@manawatunaturistclub.nz) or phone on 0273904428 to visit. We look forward to welcoming you to our piece of paradise.

**Pauline (PRO)**



*Above: My size club Christmas Tree*

*Left: We never go hungry here*

*Right: Come and smell the Roses*



# AROUND THE CLUBS

## HALLOWEEN AT AONC

All Hallows' Eve at Auckland Outdoor Naturist Club is always filled with lots of spooky entertainment! This year we opted for a sausage sizzle by the BBQ/bar, followed by a dance party in the clubhouse and a dazzling fireworks display.

Off course the highlight of the day for the families were the Trick or Treating! A big success, we have it every year on the club grounds, where many site holders take part. This year was no exception as I counted at least 22 children! And many spookily decorated sites. Prior to Trick or treating Alex provided some pumpkin carving.



Diversity in clubs are ideal so if your club is looking for more younger members, perhaps look at what your club can do to attract younger members, even if there is only a few. It always starts with a few...

Halloween, Easter, Christmas and our Oranui Games are usually a big attraction for the little ones at AONC... but, for some reason (aka candy!), Halloween and Easter usually wins hands down!



**Alice D (Secretary)**

## PLAYGROUND REPAIRS AT WNC

I applied to the Hutt Mana Charity Trust for a grant to replace the mulch on our children's playground. Was successful and received \$2377.

A lot of work disposing and reutilizing the old bark/ compost.

At the presentation I commented to Pieter that a lot of the other club recipients were in club uniform but I had another function to attend after so demurred on this occasion.

So good to get out there in the community and be part of it in a normal way.

Cheers  
**June Campbell**



## PERCY COUSINS TRUST GRANT

Has your club applied to the Percy Cousins Trust for a grant to help with a new project? This is a one off offer. We have had a response from 5 clubs with 3 approved so far so don't miss out.

All member based clubs are eligible to apply for a grant of up to \$1000 but projects must be submitted to the trustees for approval before November 30th 2024 to qualify.

The club has until the end of the next financial year (30th Sept) to complete the project and the money will only be paid out on receipts applying to it and the photos of before and after submitted.

We also would like the photos of before and after to include in future newsletters.

So far we have had enquiries for building a new BBQ area, updating the club gate sign, upgrading a petanque area, and purchasing new outdoor furniture.

What can your club come up with as a new project?

June Campbell-Tong  
[junecampbelltong@gmail.com](mailto:junecampbelltong@gmail.com)  
on behalf of trustees  
Ken Mercer  
Donna Miller  
Noel Thomas



## NZNF CLUBS/PARKS/GROUPS IN NZ

<i>Auckland</i>	Auckland Outdoor Naturist Club Auckland Sun Club Counties Sun Club	<a href="http://www.aonc.nz">www.aonc.nz</a> <a href="http://www.asc.gonatural.co.nz">www.asc.gonatural.co.nz</a> <a href="http://www.countiessunclub.com">www.countiessunclub.com</a>
<i>Waikato</i>	Waikato Outdoor Society	<a href="http://www.waikato.gonatural.co.nz">www.waikato.gonatural.co.nz</a>
<i>Bay of Plenty</i>	Katikati Naturist Park	<a href="http://www.katikati-naturist-park.co.nz">www.katikati-naturist-park.co.nz</a>
<i>Rotorua/Taupo</i>	Rotota Sun Club	<a href="http://www.rotota.co.nz">www.rotota.co.nz</a>
<i>Hawkes Bay</i>	Hawkes Bay Naturist Club	<a href="http://www.hawkesbay.gonatural.co.nz">www.hawkesbay.gonatural.co.nz</a>
<i>Manawatu</i>	Manawatu Naturist Club	<a href="http://www.manawatunaturistclub.co.nz">www.manawatunaturistclub.co.nz</a>
<i>Taranaki</i>	Taranaki Naturist Club	<a href="http://www.tnc.gonatural.nz">www.tnc.gonatural.nz</a>
<i>Wellington</i>	Wellington Naturist Club	<a href="http://www.wellingtonnaturists.co.nz">www.wellingtonnaturists.co.nz</a>
<i>Nelson</i>	Nelson Naturist Park	<a href="http://www.nelsonnaturistpark.co.nz">www.nelsonnaturistpark.co.nz</a>
<i>Christchurch</i>	Pineglades Naturist Club	<a href="http://www.pineglades.gonatural.co.nz">www.pineglades.gonatural.co.nz</a>
<i>South Canterbury</i>	South Canterbury Sun Club	<a href="http://www.scsc.gonatural.co.nz">www.scsc.gonatural.co.nz</a>
<i>Central Otago</i>	Alpine Lakes Naturist Club The Orchard Naturist Club	<a href="http://www.alpinelakes.gonatural.co.nz">www.alpinelakes.gonatural.co.nz</a> <a href="http://www.orchard.gonatural.co.nz">www.orchard.gonatural.co.nz</a>
<i>Southland</i>	Southern Naturally	<a href="http://southernnaturally.gonatural.nz">southernnaturally.gonatural.nz</a>
<i>National</i>	Free Beaches	<a href="http://www.freebeaches.org.nz">www.freebeaches.org.nz</a>
	Nudvan	<a href="http://nudvan.gonatural.co.nz">nudvan.gonatural.co.nz</a>



### NZNF WEBSITE

[www.gonatural.co.nz](http://www.gonatural.co.nz)

### INF WEBSITE

[www.inf-fni.org](http://www.inf-fni.org)

### NATURIST LINKS

ANaturistWorld [anaturistworld.com](http://anaturistworld.com)  
Naked Wanderings [www.nakedwanderings.com](http://www.nakedwanderings.com)  
Hauraki Naturally [www.haurakinaturally.nz](http://www.haurakinaturally.nz)  
Naturist Friendly B&B [airbnb.co.nz/h/retreat480](http://airbnb.co.nz/h/retreat480)

### SOCIAL MEDIA

#### NZNF FACEBOOK GROUP

Join the new NZNF **PRIVATE** Facebook group with this link:

[facebook.com/groups/nznaturistfederationgroup](https://facebook.com/groups/nznaturistfederationgroup)

#### NZNF MEWE GROUP

MeWe offers a social media platform free of censorship:

[mewe.com/join/newzealandnaturistfederation1](http://mewe.com/join/newzealandnaturistfederation1)

#### NZNF INSTAGRAM

Follow us on Instagram  
[instagram.com/nz.naturist.federation](https://instagram.com/nz.naturist.federation)



## KC'S RETREAT

### PARADISE WEST COAST STYLE

We are the West Coast's first and only naturist retreat, affiliated to the NZNF via our Proprietary membership.

Nature is calling, being naked is the most natural state, at KCs you become one with nature.

Planning a trip to the West Coast ?

You might have heard the saying, 'It's not about the destination; it's about the journey.'

That couldn't be truer for the West Coast, a fantastic road trip region with countless little spots to discover along the way, from scenic viewpoints of the Tasman Sea to hidden caves, roaring waterfalls, great walkways, cycle ways, and quirky cafes and restaurants.

## INF CONGRESS

### ZIPOLITE, MEXICO

Our NIVP, Paul, represented the NZNF at the recent INF Congress held in Mexico, Zipolite.

Paul notes in his report that the highlights of the congress was:

- Stephan Deschens and Edwin Kirby re-elected as President and Secretary unanimously and respectively
- Sieglinde Ivo voted as "Honorary President"

For more info, please refer to Paul's report for the upcoming NZNF's AGM.



We look forward to catching up with past visitors, and to meeting new fellow naturists, this summer.

Phone 0211379931, Email [Kcsretreat@gmail.com](mailto:Kcsretreat@gmail.com), Facebook

<https://www.facebook.com/100022316865156>

## SOCIAL MEDIA

You may have noticed (especially the admins of naturist clubs/group) that Facebook is suddenly removing random content/posts/links of years ago. Note that you can appeal it to Facebook (which I have done a few times, and often the content is restored again).

I think it is AI bots that have been programmed to be overly sensitive to any nudity on Facebook. I would not loose too much sleep over this. But I would suggest that we also start focusing more on other social media platforms like MeWe, as Facebook's regulations might become more restrictive and stifling over time. See directory page to join our MeWe group  
Thanks, Alice (NZNF Social Media Coordinator).

## PHOTOS FROM MARK

Mark (from AONC) was kind enough to share some awesome photos with us (see below) as well as the cover pic



Beach Life - Warm by the Fire



Beach Wetland Pond

## THE MAGIC OF AUCKLAND'S WEST COAST

BY MARK H

Having grown up in West Auckland near the Waitakere Ranges, the lure of Auckland's rugged West Coast beaches would always be stronger for me than the somewhat more timid East Coast Bays.

There's a 25km stretch of coastline that runs from Whatipu at the northern tip of the entrance to Manukau Harbour to the start of Muriwai Beach. Along the way some of the most spectacular beaches welcome visitors from all over the world. Whatipu-Karekare-Piha-Anawhata-Te Henga-Muriwai. Sir Edmund Hillary did much of his fitness preparation by hiking around the trails on the coast, and today there is the long Hillary Trail that commemorates this pioneering mountain climber.

One gem that is nestled between North Piha and Anawhata is the lesser well known White's Beach. Until recently, White's Beach was accessed by two routes. From North Piha, the Laird Thompson Track made a pathway up to Te Waha Point Lookout where you could look out across the expanse of the Tasman Sea. To your left is Piha and to your right is Whites Beach compactly nestled between two headlands. A further short climb leads to the Rose Track connection which wends its way down to the beach. Occasionally you might see a fisherman trying their luck at low tide, but often you can have the beach to yourself midweek. A word of warning, there are no lifeguards, the water is dangerous if you are not familiar with the West Coast beaches, and remember your shoes as these are black sand beaches and the sand gets hot!

The alternate route is from the Anawhata road at the Rose Track Trailhead 1km before the Anawhata carpark. Unfortunately, you'll likely spend most of the walk down the very steep 'driveway' contemplating the walk back up rather than taking in the view. Connecting with the Rose Track takes you to the beach.

I recently visited North Piha and was devastated to see the landslide that has taken out the Laird Thompson Track making access to Whites Beach from North Piha impossible. Seeing what was hillside now sitting in a very large pile on the beach was heartbreaking. It certainly won't be an easy fix to get the track up and running again.

My love affair with Whites Beach goes back to the late 1970s as a teenager. Having arrived at the beach to find no one else in sight, I stripped off and swam in the waves at the water's edge. Returning to my towel, I saw no reason to put clothes back on so I lay naked in the sun. It was an amazing experience and a key moment for me in defining myself as a naturist. When two other people arrived at the beach, before I even had time to consider putting something on, they too had stripped off and headed for the water.

On my recent visit to North Piha I was asked by a tourist if the Laird Thompson Track was open. I sadly had to tell him it wasn't and the only route was a 20km drive away. I was gutted that he and his partner would miss out on spending time at Whites Beach. My hope is that one day a new track can somehow be created.

Have a great week.

Mark



## BRENT & CATHY'S ADVENTURES IN OZ

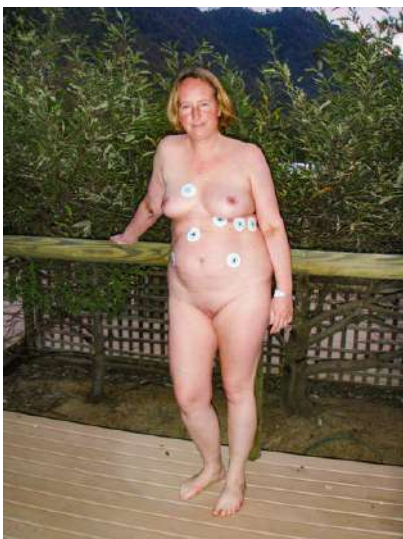
Today is a bit of an anniversary, it was 15 years ago that I left Cathy lying in the Australian bush naked as the day she was born as I ran off to get help, not knowing if she would be alive when I got back.

She had just been bitten by an Eastern Brown snake. That bite was part of the reason we now on the Tutukaka Coast in Northland with our own naturist paradise. But first, a bit more about Cathy's snakebite.

We were visiting River Island near Sydney. Early on our first morning we rose early, didn't put any clothes on, and went searching for platypus. How wonderful it was to just wander around in nature, completely without the barrier of clothes! Platypus are quite shy so we crept about peering through trees into the water. All was peaceful until Cathy stepped on a snake which promptly bit her.

We didn't quite know what to do. We were in the bush with no track or road, there was no mobile phone coverage and nobody knew where we were. Very quickly Cathy said her heart was racing and her head felt as if it were about to explode. She lay down, pale all over. I needed to get help, and quickly. My own heart racing with fright I sprinted off through the thick bush. Of course I was wearing nothing but shoes and Cathy later told me if this was going to be the last time she saw me at least the view was one worth clinging on to.

Getting to a phone I called the emergency services and a lifetime later a helicopter landed. This was pretty exciting to other visitors and much to the bemusement of the helicopter crew we were soon surround by a large gaggle of naked people.



Cathy was stretchered from the bush, into the helicopter and whisked off to Sydney where she stayed in emergency care for four days. One visit I brought her in a bag of gummy snakes which she promptly bit off their heads.

We returned to River Island to continue our holiday, but no more sneaking around the bush. We carried long sticks to make a bit of noise with, and pretended we were Gandalf.

Circling back to the beginning of this story, and where we are today. For a few years before this 'exciting' holiday we had been thinking how we would like to live our lives with the kids leaving the nest. We wanted somewhere warm with a bit of land and had visited River Island to see what the general area was like. However, Australia had suddenly become less desirable.

Much searching later we spotted a lovely 18hA (50 acre) bush property in Northland and immediately knew it was for us. We were to become naturalist naturists. Most of the time there are no human sounds to be heard, just birds and sometimes the not-too-distant ocean. We have space and privacy to wander around sans clothes and enjoy the peace. And here we have stayed, working and visited by whanau and friends while developing shady bush tracks and running a popular naturist friendly BnB.

Our personal mission here is to leave behind a piece of Aotearoa better than we found it. This means getting rid of animal and plant pests and giving the land opportunity to recover to how it was hundreds of years ago. As a result we enjoy a healthy bird population including Kiwi, innumerable skinks and the more unusual Mokopirirakau (Forest Geko) and the carnivorous pūpū-rangi (Kauri Snail). Here the only hazards to our delicate skin is the occasional wasp and the spiky Tātaramoa (Bush Lawyer) vine.

And most importantly there are no snakes!



## RISING TIDE

BY BEN

The early morning was chilly and damp, rain having just poured down only hours before. Some had brought umbrellas, which were now stashed in the secure clothing drop area which was guarded intently a few hundred metres away.

The Story Bridge would normally be criss-crossed with traffic, but now it was flooded with people. We stared up at the sky, blocked only by the iron girders, residual rain drops dripping from the arches that hung overhead and intersected. The wind that blew over the centre of the bridge was several degrees colder than the warm buzzing asphalt of the entrance, buttressed by the cold of the river it was suspended over.

There are few things in life more surreal than being among a crowd of 5500 nude Brisbanners laying down on a cold wet bridge at 6am on a Sunday morning. The sun had just risen, but we had yet to see it; the early morning cloud cover that hid the skyline was a kind of blessing. Among the sea of naked bodies, some bereft of sunscreen, we crossed our fingers that the Brisbane sun would be kind and spare us a slow reddish broil.

We had arrived in darkness an hour earlier, a spittle of rain drawing some trepidation. Chatty conversations, "Oh, you went to Peru, that's cool?", "The price of rentals in the city" (turns out Brisbane has the same problems as the rest of the world).

We crossed the bridge from the south side and waited, glomming onto social groups and talking to assuage our awkwardness in that way you do when you let the butterflies in your stomach fly out and speak for you. People of all ages and professions -- retirees, students, call centre workers, influencers, awaited instruction from the cadre of team members with loudspeakers. The artist with a megaphone and assistants assembled on a stage lift, facing away from the edge of Fortitude Valley towards the south of the Story Bridge.

In one of the published photos from the event, a sea of bodies stretches out into the distance, from which two people in wheelchairs rise out of the midst, sitting some distance apart. They rise as lighthouses, perched on a sea of the vulnerable. Many people would have nightmares about this kind of event, driven by largely understandable fears.

The fear of humiliation, the fear of vulnerability, the fear of difference. It's easy to fall into the trap of acting awkward, distancing ourselves around people with clear differences, whether it be profession, race, gender expression, or able-bodiedness. For this reason, some folks find themselves sitting alone in a crowd.

Fear is of course human – and we all have that in common – but courage is also human. Let one rise up to wash away the other.

<https://www.abc.net.au/news/2024-10-27/qld-spencer-tunick-brisbane-story-bridge-naked-art/104523804>







## VISITING SOUTH AFRICA

BY HANS & CARLEY

### Adventure Begins

During the 2016 INF-FNI congress, we met Lofty and Amanda who were the representatives for the South Africa Naturist Federation, but also have a naturist tour company in South Africa. After that Lofty was always sending hints for us to come over and join in. Last year we finally gave in, and joined one of their trips in 2023 during November.

Lofty and Amanda live at a naturist resort called Sun Eden, which the residents often refer to as the farm. The base for this tour was Sun Eden, a resort on the edge of the Dinokeng Game Reserve, which is a project to develop "Big Five" wild animal sanctuaries in the northeastern part of Pretoria.

During the week the resort is clothing optional but in the weekend it is nude only everywhere, with the exception of the staff in the restaurant and reception. The bar, which is open in the weekend and staffed by young adults (19-23) who were like all patrons fully nude. We both thought that it felt like it was the way it meant to be in naturist resort and very positive that the young adults had no problem with being natural. We were really impressed with the layout, the facilities and the attention to safety evident in the resort and our tour as obviously South Africa has had a history that is concerning – we felt safe while over there and enjoyed the opportunity to see naturism developing differently. There were numerous social events that we could be part of, including the famous "braai" and karaoke evenings!

We met the founder and his partner in the bar and had an interesting discussion. The next day we set down for a historical conversation with Chicago Coetzee and Anneke, who had moved back to Sun Eden after a move to town.



### A trip down memory lane and history

Chicago and wife Kathy began building in Sun Eden with Anneke moving there in 1997. There was a small toilet and building with a pumphouse built in 1995. They used a tractor to scrape out and deepen the dam (fed by springwater) to prevent it running dry. The original pool was built in 1995.

It grew through word of mouth and they ran the place, building the bouma next to the bar. It became popular and they made a profit from the braai (bbq) and inclusiveness with the textile community



Chicago retired 2020, and said you guys can run it, recently the beautiful pool was built by Norman a former president who saw a picture of a pool in that style and built it.

Originally Sun Eden had no game except duiker and antelope, then they decided to get klosbok and wildebeest. The wildebeest were too wild! They ran through the pool area, and they had to go. Sun Eden then got impala, blesbok and njala and took advice from game rangers about numbers, stocking and feeding. Springboks came 2 years ago and all of these beautiful animals continue to provide delight to everyone.

The golf was a private venture by two members, Hanny and France built in the swampy area, dug it up, and put in a thatched roof area for watching birdlife.

The golf was a private venture by two members, Hanny and France built in the swampy area, dug it up, and put in a thatched roof area for watching birdlife.

Setting it up they considered carefully the mistakes they had seen in other naturist ventures. The Resort is share Block Company, bought and owned, and is a closed company which allows control over development, plans for building are submitted and there are controls on materials making the overall effect harmonious. The animals have determined some development e.g. the use of succulents in the garden!

The restaurant is run by Ben and is a great asset – we really enjoyed the variety of meals there. It was our pleasure to meet Anneke and Chicago and be privileged to hear some of the history.

## VISITING SOUTH AFRICA

BY HANS & CARLEY

### Back to the tour

We arrived at Sun Eden two days before the tour and the day after arrival, early in the morning we got a message from Lofty that Amanda was feeding the animals of the resort and if we wanted to come and watch while having a morning coffee with rusks. So nice to see Amanda feeding the impalas, springbok, blesbok and the many birds around the resort, what a way to start your morning. We made the effort to do this several times and Carley was also lucky enough to be invited by Amanda to see the glowworms at night which was spectacular. I loved seeing the range of birdlife, plants and animals. There was a huge fence around the resort that is regularly patrolled and one night a large porcupine broke through – we saw the footage the next day of the “intruder”!

In our guest house we also enjoyed watching the “bachelor boys” – a small group of impala – on their regular circuit around the resort, stopping to graze outside and keeping an eye out for the other large and small visitors.

One of our other tour guests had the slightly unexpected experience of a bushbaby in their hut. Very cute, very fast and – just close the door, the bushbaby had one room and they had the other.....



Later that morning we were invited to join Lofty and Amanda for an impromptu trip through the Dinokeng Game Reserve. This was our first introduction to some of the animals we would see during the whole tour, zebras, wildebeest, giraffes, springboks (not the rugby players), blesbok and many more.

The trip ended with a lunch at Arlington Brewery & Cidery in the middle of reserve, where Lofty and Hans, facing the right way, noticed a cat (lion like) animal passing the fence.

After everybody had arrived the tour could officially start, first stop an official game drive in Dinokeng, this was a different part of the reserve than the impromptu one and resulted in some different animals, many pumba ( warthogs, a fave of Carleys)

Rhinos and what about being face to face with Ostriches who refused to leave the road. A good start to the official tour, getting our animal spotting skills warmed up and ready.

The next day we left for Pilanseeberg and on the way, we stopped at the Cradle of Humankind. This Maropeng visitor centre is an award-winning facility, focusing on the development of humans and our ancestors over the past few million years. Apparently humankind was born in Maropeng.



Our accommodation on Pilanesberg was interesting, although not officially naturist, they did allow us to be nude there as Joxilox tours had hired the whole accommodation.



We had two game drives through Pilanesberg National Park, a very early one and late early afternoon, as the animals are the most active round dusk and dawn. Only in the morning one we had seen four of South Africa’s Big Five (lion, leopard, rhino, elephant, and African buffalo), and more pumba, birdlife, hippo and reptiles only missing out on the leopard which we did try to find in the evening but it became too dark to properly see it.

We did find some very startled elephant and rhino in our lights however! We want to thank our guide in that park who went over and above to make sure we saw as much as possible even to the extent that we were late back to the gate and he was shouted at by the gate keeper. .

On the way back to Sun Eden we stopped at Lesedi Cultural Village, a great place to learn about the different tribes of South Africa.

## VISITING SOUTH AFRICA

BY HANS & CARLEY

Drumming skills were tested and we admired the passion of these people whose message was – come here and keep raising awareness for our country and our endangered animals.

The next day it was ladies day and we visited a diamond mine, we learned all about how we get those precious rocks heard about the history and the close calls with leopard that our tourguide had at one point. Incredible security there, all we can say is be prepared to hose off your shoes thoroughly!

On Sunday we were treated on a special traditional coffee and breakfast in the middle of the Dinokeng Game Reserve at the verde café. Often animals come there as there is water available but we were there on a quiet day – no matter we enjoyed the traditional coffee which is very similar to coffee had out camping.

The second week we went east from Sun Eden to the Graskop area, an area full of beautiful landscapes. We were able to go down into Graskop gorge, a beautiful bush area that reminded us of New Zealand and one of us ziplined across it while the rest captured the moment! Unfortunately, the weather let us a bit down and not of lack of attempts of our host, when we visited 'Gods Window', god had the curtains closed (mist).

We did enjoy many other beautiful landscapes while visiting the area and found a silk factory, which became an importune stop, great coffee and a real local woman's industry – a cultural highlight, not to mention great shopping for something authentic and local

Amanda and Lofty are so knowledgeable and we learnt a lot about the areas we went through from them. We also stopped frequently for rest stops that were equally interesting and gave a good chance at sampling local food.

After the official tour ended we were invited to trial a visit to the Lion and Cheetah Sanctuary, a different experience than during the game parks. The Animals are in a smaller enclosed area, which makes it easier to see them, with the opportunity to pat a Cheetah and hear about conservation efforts. It was also our opportunity to get up close and learn about hyaena – wow they are incredible.

Many of the game tour rides and the ride through the sanctuary were adventures in themselves – changing landscape, an open vehicle clinging to a steeply turning road with big drops and.....is that a leopard in the tree? No, not this time!

It was a wonderful experience and good to see that so many younger people in South Africa enjoy naturism, maybe something we can learn from.

We loved it so much that – we are going back! – Together with our tour operator Joxilox, Amanda and Lofty who are so passionate, we designed a new naturist tour with more game drives. This tour is designed for the New Zealand and Australian naturists and you are welcome to join us ([joxilox@bare.co.nz](mailto:joxilox@bare.co.nz)). We are looking forward to seeing more of naturism and, of course, more of the amazing culture, environment and wildlife.

*Hans & Carley*



We were so lucky to see the Rondavels and Bourkes potholes in the window of weather we had. Spectacular!!!! Amazing scenery and the journey itself was fascinating going past townships and through ever changing country.





## NUDE GARDENING DAY

BY DION

Sat 26 Oct 2024 was the NZNF's 7th annual nude gardening day, and the 2nd year the Australian and South African Naturist Federations also celebrated the occasion now known as "Southern Hemisphere Nude Gardening Day".

Since its' introduction "Nude Gardening Day" has become a great marketing tool for naturism and is a headline grabbing tagline that has received extensive media coverage since its' introduction 7 years ago.



*Photos: Alice live interview Breakfast show 2023 & Wendy live interview AM show 2019*

This has been made possible in part due to the involvement of companies Yates and Lynn River. Yates has been promoting "Gardening Week" for several years which is the week leading up to Labour Day Weekend, so having "Nude Gardening Day" on the Saturday, was a natural fit.

Lynn River for their part ran a "Nude Gardening Photo Competition" from 2020 to 2023.



*Photos: Lynn River Nude Gardening Photo Competition Winners: 2022 Lois, 2021 Alice*

In 2022, Alice worked with Yates on a campaign to promote the importance of soil health via nude gardening day - which was covered by TV One, Breeze Radio and newspapers at the time and encouraged the public to bury their cotton underwear to determine soil health (the more the fabric deteriorated - the healthier the soil, due to the level of micro-organisms).



The following year in 2023, the Soil & Health Association of NZ (a charity) - whose slogan reads - "Healthy Soil, Healthy Food, Healthy People" took this one step further by producing the first nude gardening calendar. A calendar for 2025 is also currently available from <https://soilandhealth.org.nz/blog/2024/11/05/2025-calendars-for-sale> and includes photos of four of our NZNF members. So if you're looking for a Christmas gift, consider getting one - but hurry! Orders close 3 Dec 2024.

Their contribution to "Nude Gardening" is significant, especially since Yates and Lynn River have not been involved in 2024 - with enough support in calendar sales, they might do it again next year. "Nude Gardening" has always been an excellent way to market naturist ideals to the general public - so partners in promoting it is vital.



*Photos below: Carly, Kelly and Darryl. Darryl planted 25 native trees for nude gardening day at his property.*



You can read about the history of nude gardening day on: <https://www.gonakednz.com/>



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## FROM THE EDITOR



Thank you for the amazing contributions to this newsletter. **Please keep the momentum going by sharing your content for the next edition to [editor@gonatural.co.nz](mailto:editor@gonatural.co.nz) by Thurs the 15th January 2025.**

I will be attending the NZNF's AGM at Pineglades and would like to propose that we ask individuals to re-register for the Gonatural mailing list. This will help us update the mailing list with current email addresses, as there appear to be some spam emails or outdated emails. While the newsletter is already available for public viewing on the Gonatural website, it is important for individuals who wish to receive it directly via email to do so.

As mentioned in my report I enjoy editing the Gonatural Newsletter, and hope to continue in this capacity. However, it is the remarkable contributions from everyone that truly bring the newsletter to life!

The last time I visited Pineglades was in June 2023, so I look forward to being at the NZNF's festival with my family in the summer this time! (sadly I can only stay for the first few days of the festival due to work commitments but will make the most of it!). Having lived in Christchurch for the first 2 years after our arrival in NZ many moons ago, there's a certain nostalgia that I will always associate with the South Island. Its' picture perfect scenery, wide open spaces and mystical air is unparalleled. Off course I prefer to live by the warmer Auckland coast, but a piece of my heart will always remain in the South Island.

Merry Christmas, Meri Kirihimete, happy holidays and a magical nude year! May your spirit never be broken, your courage never be dimmed and your enthusiasm never be tamed. - **Alice de Wet**

